

nectar BREAKFAST

Multigrain, Artisan Bread.

**We use Cage-Free Eggs, No Hormones or Antibiotics.*

**EGG, CHEESE & TURKEY SAUSAGE OR
VEGGIE SAUSAGE** \$4.5

EGG & CHEESE \$3

EGG, CHEESE & BACON \$3.5

NECTAR BREAKFAST "SIGNATURE" PANINI:

**EGG, CHEESE, ORGANIC TOMATO &
HOUSE MADE PESTO** \$5.5

TRUFFLE EGG, CHEESE, ORGANIC TOMATO \$5.5

HAVARTI & BLUEBERRY JAM \$4

**ADD: ORGANIC TOMATO, ORGANIC GREENS
OR ONIONS \$1 EACH**

> OUR Artisan BREAD contains NO PRESERVATIVES,
and ALL NATURAL INGREDIENTS

> WE USE ONLY SEA SALT ON OUR RECIPES

> OUR PANINI ARE BRUSHED WITH OLIVE OIL

nectar SOUPS & SALADS

Soups and Salad come with multigrain bread

TUNA SALAD

Organic Mixed Greens, Organic Tomato, Red Onions,
Topped with NECTAR Tuna Salad & House Made
Croutons \$8.5

CHICKEN SALAD

Hormone Free Chicken Breast, Organic Mixed Greens,
Organic Tomato, Red Onions topped with Nectar Sherry
Vinaigrette Dressing & House Made Croutons \$8.5

HEARTS OF PALM SALAD

Hearts of Palm, Organic Mixed Greens, Organic
Tomato, Red Onions, Cranberries, Raw Pumpkin
Seeds with Nectar Sherry Vinaigrette Dressing &
House Made Croutons \$8.5

WALNUT CHICKEN SALAD

Chicken Salad made with hormone free chicken breast,
walnuts, cranberries served with organic greens and
organic tomatoes \$8.5

SOUP OF THE DAY

CUP \$3.95 BOWL \$6.5

nectar PANINI

**ADD: Zap`s Chips, Organic Apple or
Nectar Side Salad (Greens, Organic Tomatoes,
Pumpkin Seeds, Red Onions, House made Croutons
& Sherry Vinaigrette) for \$1.50**

ADD: Home Made Soup for \$2.25

**Pick Your Artisan, All Natural Multigrain
or Rye Bread**

SMOKED CHICKEN

Hormone Free Chicken, House Made Pesto, Mozzarella
cheese, Organic Tomato, Organic Mixed Greens \$7

SMOKED TURKEY

Sweet Onion Chutney, Swiss Cheese, Organic
Tomato, Organic Mixed Greens \$7

VEGGIE PANINO

Roasted Mixed Veggies, Havarti cheese (Vegan Cheese
Upon Request), Nectar House Made Pesto, Organic
Tomato, Organic Mixed Greens \$7

SMOKED CHICKEN + BACON

Hormone Free Chicken, Swiss Cheese, French Dijon
Mustard, Organic Mixed Greens \$7

NECTAR TUNA MELT

Tuna Salad (Albacore Tuna with Capers, Fresh Celery
and Lemon), Mozzarella Cheese, Organic
Tomato, Organic Mixed Greens \$7

NECTAR TURKEY REUBEN

House Made Russian sauce made with our own
Roasted Garlic, Rye Bread, Swiss Cheese, Smoked
Turkey, Sauerkraut \$7

TRUFFLE PANINO

Havarti, Swiss, Sharp Cheddar Cheese, Organic
Tomato, Organic Mixed Greens drizzled with
White Truffle Olive Oil \$7

WALNUT CHICKEN SALAD PANINO

Chicken Salad made with hormone free chicken breast,
walnuts, cranberries served with organic greens and
organic tomatoes \$7

NINO PANINO (KIDS UNDER 10) \$4

Mozzarella, Sharp Cheddar.
SIDE: Whole Organic Apple or Banana

ORGANIC PEANUT BUTTER & JELLY PANINO

Your classic PB&J made for kids and grown ups also
\$4 (No Side)

PANINO DOLCE (No Side)

Nutella, Fresh Sliced Fruit of the Day \$5
Add Vanilla Ice Cream \$2

nectar SMOOTHIES

BUILD YOUR OWN SMOOTHIE

16 OZ. - \$3.99, 24 OZ.- \$5.29

KIDS - \$2.99 (10 & UNDER)

STEP 1) Pick Your Liquid

Orange Juice, Apple Juice, Pomegranate Juice,
ADD \$.75: Soy Milk, Non Fat Natural Yogurt

STEP 2) Pick Your Fruit UP TO 3 FRUITS

Blueberry, Mango, Peach, Strawberry, Pineapple,
Organic Banana

ADD \$1.25 each: Acai, Coconut, Cacao, Acerola,
Nutella, Organic Peanut Butter

Step 3) Add "SUPER FOODS"

ORGANIC FLAXSEED Fiber, Antioxidants, Omega 3 \$0.75

WHEY PROTEIN POWDER Muscle Builder,
Weight Manager \$.99

HEMP SEEDS Omega 3 & 6. Protein \$.99

SOY PROTEIN POWDER Best substitute for Meat \$.99

ORGANIC GINGKO Memory and Attention Enhanser \$.99

ORGANIC GUARANA Energy Booster \$.99

ORGANIC CACAO Antioxidants, Focus, Alertness \$1.25

ALOE VERA Digestion, Build Immune System \$1.25

KAVA KAVA Relaxation with Focus \$2

mega SMOOTHIES

**"Super Fruits" from the Amazon are 100% PULP
No Preservatives (Acai, Acerola, Coconut, Cacao)
\$5.99 – 16OZ**

1) ACAI BERRY, ORGANIC BANANA,

ORANGE JUICE, GUARANA (100%Acai Pulp)
ENERGY BOOSTER, IMMUNE SYSTEM BUILDER
ANTIOXIDANTES, WEIGHT LOSS

2) COCONUT PULP, PINEAPPLE, ORGANIC BANANA , SOY MILK

METABOLISM BOOSTER DETOX, ENERGY

3) AMAZON ACEROLA CHERRY, ORGANIC BANANA, ORANGE JUICE

LOADED WITH VITAMAN C, IMMUNE SYSTEM BUILDER,
ANTIOXIDANTS

4) NUTELLA, ORGANIC BANANA, SOY MILK

PROTEIN, BRAIN STORMER, ENERGIZER

5) CACAO PULP, ORGANIC CACAO POWDER, BLUEBERRY, ORGANIC BANANA , SOY MILK

LOADED WITH ANTIOXIDANTS, PROTEIN, FEEL SEXY

6- HIGH PROTEIN SMOOTHIE

ORGANIC PEANUT BUTTER, ORGANIC BANANA,
SOY MILK, PROTEIN POWDER (WHEY OR SOY)

nectar JUICES

100% RAW FRESH JUICES
MADE TO ORDER
12 OZ - \$4.29

ORGANIC CARROT JUICE

SUN SALUTATION

Organic Carrot, Organic Apple, Beet, Ginger

FIVE-A- DAY

Organic Carrot, Organic Apple, Beet,
Cucumber, Greens

PURIFIER

Organic Carrot, Beet, Celery

DAILY DETOX

Organic Carrot, Celery, Lemon, Ginger

GREEN OF THE DAY

Celery, Cucumber, Organic Apple, Organic Carrots

*ADD "SUPERFOODS" To Your JUICE

ORGANIC FLAXSEED Fiber, Antioxidants, Omega 3 \$0.75

WHEY PROTEIN POWDER Muscle Builder,
Weight Manager \$.99

HEMP SEEDS Protein \$.99

SOY PROTEIN POWDER Best substitute for Meat \$.99

ORGANIC GINGKO Memory and Attention Enhancer \$.99

ORGANIC GUARANA Energy Booster \$.99

ORGANIC CACAO Antioxidants, Focus, Alertness \$1.25

ALOE VERA Digestion, Build Immune System \$1.25

KAVA KAVA Relaxation with Focus \$2

nectar SHOTS

MADE TO ORDER

WHEAT GRASS SHOT

Organic, Local Grower \$1.99 (1OZ)

DETOX SHOT

Wheat Grass, Fresh Ginger and Fresh Lemon Shot
\$3.29 (2OZ)

FRESH LEMON SHOT

FRESH GINGER SHOT

*We donate our food waste to the
"Oakhurst Community Garden"
compost pile!*

nectar ICE CREAM

1 Scoop \$3.29 **2 Scoops** \$4.39 **3 Scoops** \$5.49

Kids Scoop \$2.69 (10 & UNDER)

nectar beverages

Guarana (Brazilian Soda)

Yerba Mate Tea

Coffee

Organic Hot Tea

San Pelegrino



**Inquire About Our Ingredients if you
have any food allergies.*

**We handle peanuts and walnuts in this facility.*

nectar FYI:

GUARANA Amazonian Energy Booster

GINGKO Memory and Attention Concentration
Enhancer.

HEMP SEEDS Omega 3 & 6. Protein

ALOE VERA Digestion and Immunity Booster.

CACAO Loaded with Antioxidants, Increases Focus
and Alertness and Contains Nutrients to Keep You
Happy. Energizing!

FLAXSEED High Fiber, Antioxidants, and Omega-3

ACEROLA Brazilian Cherry has 65 Times the
Vitamin C of a Single Orange, Antioxidant,
Astringent.

ACAI Brazilian Berry, Loaded with Antioxidants,
Amino Acids, Essential Omegas, Fibers and Protein.

COCONUT Strengthens the Immune System and
helps Detoxify and Flush Toxins out of the Body.
Increase Metabolism. Boost your Daily Energy
Rejuvenate your Skin and Prevent Wrinkles.

KAVA KAVA Promotes Relaxation Without
Disrupting Mental Clarity *(Do Not Operate a
Vehicle for 8 Hours, Do Not take with Alcohol or if
you have Liver Problems, are Pregnant, or are Nursing).*

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

We Now Deliver Lunch!



Your Local Juice and Panini Bar

OAKHURST VILLAGE

707-C East Lake Dr.

Decatur, GA 30030

(In the heart of Oakhurst Village)

404-378-4006

EMORY

1365 Clairmont Rd.

Decatur, GA 30033

(Corner of Clairmont Rd & N. Decatur
Old Smoothie King Location)

404-633-4400

Delivery
Monday - Friday 11 -2pm

We use as much local & organic
ingredients as possible.

www.nectarfoods.net

Catering Now Available!